



Millhill Child & Family Development
**REPORT TO THE
COMMUNITY 2018**





August 2018

Dear Millhill Supporters,

Millhill has been impacting the lives of children and families in our community for over 45 years. While our programs and services have evolved to help meet the needs of the community, our commitment to improving the lives of Trenton children and families remains steadfast.

This past year, as with many years before it, has been one of growth and change for Millhill. We have reached capacity at our behavioral health center at 802 Prospect which we just opened in August of 2015. We thought we were taking a chance when we leased 6,000 square feet as opposed to 3,000. The need for behavioral health services proved us wrong.

Our inaugural cohort of Next Generation Community Leaders engaged in a ten month journey with their dedicated coaches which culminated in a youth driven civic engagement project. The project was their *Embrace You Festival* which brought together community members of all ages, creative and talented youth performers, inspirational speakers and organizations that provide mental health services. The project was chosen by the Next Generation Youth because of the impact teen suicide had on their lives. The festival was intended to reduce the stigma of mental health and let people know that there are resources they can turn to for help.

I hope you are inspired by the work highlighted in our report. With your continued investment we can provide support and services to more families in need. Please consider investing in our community and in the well-being of children and families by visiting our website to make a donation or call us at 609-989-7333 x123.

With gratitude,

Cynthia H. Oberkofler
Executive Director

P.S. Visit www.millhillcenter.org
to view our new Millhill video!



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Over 45 Years Serving Trenton

Next Generation Community Leaders

This past year Millhill received a three year Next Generation Community Leaders grant from The New Jersey Health Initiatives, a program of the Robert Wood Johnson Foundation. The program will guide 15 Trenton youth each year to develop a summer civic engagement project to better the City of Trenton. Millhill is partnering with the Center for Community Engaged Learning and Research at the College of New Jersey. We also partner with the City of Trenton, Mercer County Human Services and the Trenton Health Team to provide insight to our youth. The civic engagement project developed by the youth this year was the Embrace You Positive Community Health Festival that addresses mental health.

Early Education Programs

Millhill's Education program is one of the few child development centers in the area that holds accreditation by the National Association for the Education of Young Children (NAEYC). Millhill's Educational Services offer Preschool and Summer Enrichment Camps for approximately 175 at-risk children. Early education offers an on-site nurse and neurodevelopmental pediatrician, music, gardening, speech therapy, field trips and therapeutic intervention. The program is intertwined with our Behavioral Health and Family Support Services serving the family unit.

Millhill's Mission

Millhill empowers children and families through individualized and culturally-sensitive educational and behavioral health services.

Education

Family Support

Counseling

Youth Engagement Services

Community Collaborations



Program Highlights and Impact

Millhill serves nearly **5,000** families in Greater Trenton through programs that **educate, empower, and transform**.

More than **16,000** sessions for ages 4 – 64 were conducted by the Behavioral Health Department including psychiatric evaluations, therapy, case management and medication monitoring.

Every single Millhill PEER Educator **graduated** from high school on time and has gone on to higher education programs.

Children who attend the Millhill Preschool Program **perform better** on standardized testing through the fourth grade.

100% of the children who attend Camp RISE, Millhill's Summer Literacy Camp, either maintain or improve their reading level.

91% of youth in Millhill's outpatient counseling show **improvement** in school functioning, as measured by teacher reports and report cards.

Children who received developmental testing through Millhill's Medical Home Link are more likely to **succeed** in Kindergarten.



Trenton PEERS reach nearly **2,000** adolescents per year with their presentations about issues that teens in the Trenton area face every day.

91% of donations to Millhill go directly to programming.

We provide networking opportunities to over **1,100** members through our **Trenton Area Stakeholders** program.

90% of youth in Millhill's **outpatient counseling** show improvement in emotional, cognitive, and behavioral functioning as reported by parents and school.

Of the families enrolled in Millhill's Family Assessment and Support Program, **96%** had a decrease in calls to the Child Abuse Hotline.

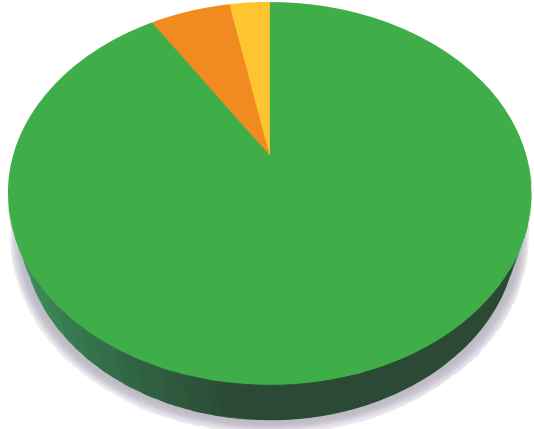
215 youth participated in the 2017 Summer Youth Employment Program, a public private partnership with the City of Trenton, Princeton Regional Chamber of Commerce, MIDJersey Chamber, Capital Region Minority Chamber of Commerce, Rider University and Millhill.



Millhill at a Glance

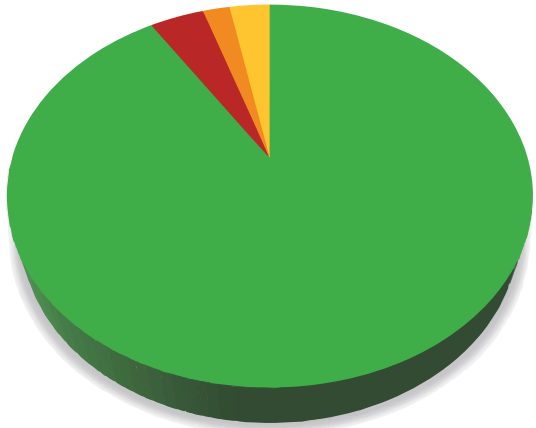
Expenses for 2017

- Program – 91%
- Management – 6%
- Fundraising – 3%



Revenue for 2017

- Government – 91%
- Foundations – 4%
- Corporations – 2%
- Individuals – 3%



Individual Support

Patrick and Mary Ellen Allocca
Anonymous
Alan Amtzis
David Bailin
Douglas Becker
Alanna Bocklage
Anthony Brickman
Vincent and Melissa Brigidi
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Thank you for your support!

If we have made an error or omission, please accept our apologies and notify us at info@millhillcenter.org.

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City of Trenton Community Development
Block Grant
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Customers Bank
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PNC Foundation
Princeton Area Community Foundation

- The Fund for Women and Girls
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and Families
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Wells Fargo



Donation Drives for Children and Families

Thank you to our donation drive supporters! This past year Millhill held donation drives for the Health Fair, Thanksgiving, Holiday, Back to School, Coats for Children and Summer Books.

To volunteer to organize or collect items for a donation drive contact the development office at 609-989-7333 or info@millhillcenter.org.

Millhill's Community Partners

Anchor House
ArmInArm
Catholic Charities - Mobile Response
Capella University
Capitol County Children's Collaborative
CARES- St. Francis
Carrier Clinic
Center for Marcus
Child Care Connection
Children Home's Society
Christine's Hope for Kids
City of Trenton
Commission for the Blind
DDs Discount
Dress For Success
Encourage Kids Family Resource Center
Family Support Organization
First Books
Grounds for Sculpture
Grow NJ Kids
Habitat for Humanity
Hi-Tops
Homefront
Isles
Learning Resource Center
Liberty University
Mercer County Community College
Mercer House
MIDJersey Chamber of Commerce

Mobile Minds
Monmouth University
My Life Movement
National Association for the Education
of Young Children (NAEYC)
NJ Shares
PEI Kids
University of Pennsylvania
PerformCare
Perrit Laboratories
Planned Parenthood
Princeton House
Rescue Mission
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Rutgers University
Scholastic Books
Seton Hall University
Shiloh CDC
Society for Prevention of Teen Suicide
Stockton University
The College of New Jersey
Trenton Area Stakeholders
Trenton Board of Education
Trenton Health Team
Trenton Fire Department
Trenton Police Department
UIH Family Partners
Urban Promise Trenton
Womanspace



Millhill's Annual Fundraiser



Millhill celebrated our twelfth MISSION POSSIBLE March 2017 and honored Joseph LaRosa and Wells Fargo. We welcomed almost 300 guests and raised \$55,000 for our programs. In May 2018 we celebrated our thirteenth MISSION POSSIBLE and honored Sergio Iacovitti and the Fund for Women and Girls for their dedication to Millhill and the community. We raised nearly \$70,000 for our education, family support, counseling and youth engagement programs!

Community Collaborations

Day of Caring

Millhill's volunteer program that gives your group the opportunity to make a difference by playing, singing and reading to our preschoolers. You can participate in our planned curriculum or bring your own activity! Please contact us at info@millhillcenter.org for more information or to schedule a morning with us.

Thank you to last year's groups!

- Bristol Myers Squibb
- Deloitte
- Girl Scouts of Ewing, Lawrenceville and Trenton
- Janssen Pharmaceutica
- Johnson & Johnson
- L'Oreal
- PNC
- TayganPoint
- Withum



Trenton Area Stakeholders

Millhill's commitment to helping children and families extends to our work as the steward and fiscal agent of the Trenton Area Stakeholders (TAS), a network of over 1,100 community stakeholders who initiate and sustain community efforts that have an impact on our community. TAS meets five times a year and provides an ongoing forum to foster collaborations and the necessary dialogue to help strengthen Greater Trenton.

Our Goals for 2019

Less than three years into our **Behavioral Health Services** expansion we are **at capacity** for youth counseling services. We are **exploring ways** to meet the growing need for counseling services.

Through our **Youth Services** we will build on our success with the **Trenton PEERS, Youth Summer Employment, and Next Generation Community Leaders** to continue to promote positive youth outcomes.



“The NGCL program helped me to put in 100% and become a leader while gaining experience working with my peers. I look forward to continuing to work with civic engagement in my community. The program showed me that there is more in this world than living in the inner city. I’ve met a lot of different people.”

**– Zahmir,
Next Generation Community
Youth Leader**



Visit www.millhillcenter.org to view our video and learn more about the stories of Youth Leaders like Zahmir.





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Trenton, NJ 08618



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