

Our individual, family and group counseling services are provided by licensed therapists, comprehensive and immediately available.

In one year, we tripled the number of children, adolescents and families that receive our counseling services.

Client families consistently report behavioral improvements in their children after receiving treatment from Millhill.

Every single Millhill PEER Educator has graduated on time and gone on to higher education programs.

About Millhill

Millhill Family & Development Corporation is a 501(c)(3) non-profit organization dedicated to helping families in Greater Trenton through educational, counseling and family support services. Founded in 1971, Millhill currently serves over 2,500 families in the community with the help of dedicated staff, volunteers and financial contributors. Millhill is located at 101 Oakland Street in Trenton, NJ.

For more information about programs and services, please visit www.millhillcenter.org or call (609) 989-7333.

Millhill Child & Family Development Corporation

101 Oakland Street Trenton, NJ 08618

 **Counseling
Services**

**Can we
help you?**



 **Millhill**
CHILD & FAMILY DEVELOPMENT
Educate. Empower. Transform.



About Counseling Services

Millhill Counseling Services enhances life skills and encourages emotional development to maximize an individual's functioning, strengths, and resources. Our clinic is committed to providing high-quality, client-centered services that make a difference in the lives of children and their families, and offers:

- **Individual, family, and group counseling**
- **Psychiatric evaluations**
- **Medication monitoring**
- **In-community counseling**

At Millhill, the child or adolescent and their families work together with the staff to plan and implement treatment goals. Our focus is:

- **To improve your child's manageability in the home**
- **To improve school attendance, behavior, and performance**
- **To reduce the number of repetitive experiences of abuse and neglect**

Millhill employs only licensed clinicians as therapeutic staff. Additionally, we have board-certified adolescent psychiatrists and Advanced Practice Nurses on staff to conduct psychiatric services as needed.

Educational Services	Counseling Services	Family Support Services
Preschool Toddler Daycare Summer Enrichment Camps	Individual, Family, Group Counseling Psychiatric Services Medication Monitoring Trenton PEERS	Family Assessment and Support Foster and Relative Care Support Medical Home Link Support Groups
Community Collaboration Trenton Area Stakeholders Days of Caring		

The Trenton PEERS

(Performing, Educating and Engaging in Responsible Strategies) is a year-round education and support group for 13-18 year olds who want to be part of a mentored team that provides violence prevention and life-skills education to their peers. Teams learn then share fact-based information and skill-building techniques in interactive workshops held in locations throughout the community. The PEERS perform skits and cover topics such as gang awareness, violence prevention, anger management, conflict resolution, dating violence prevention, postponing sexual involvement, substance abuse and bullying.

Program Eligibility

The participating child must reside in Mercer County, be Medicaid eligible, and 4 to 21 years of age.

Additionally, we have an out-of-pocket rate for those who are not Medicaid eligible.

"I do feel that for once in almost two years I have my son back."

Millhill is about family

Millhill helps families improve their quality of life through services that educate, empower and transform to be successful in school, at work, at home and in the community. Our approach is both individualized and collaborative taking into account the dynamics of the whole family.

For more information about counseling services or to make an appointment, please visit www.millhillcenter.org or call (609) 989-7333.

