

Our individual, family and group counseling services are provided by licensed therapists, comprehensive and immediately available.

Families consistently report behavioral improvements in their children after receiving services from Millhill.

Every single Millhill PEER Educator has graduated on time and gone on to higher education programs.

About Millhill

Millhill Child & Family Development is a 501(c)(3) non-profit organization dedicated to helping families in Greater Trenton through educational, counseling and family support services. Founded in 1971, Millhill currently serves more than 5,000 individuals in the community with the help of dedicated staff, volunteers and financial contributors. Services are offered at 101 Oakland Street and 802 Prospect Street in Trenton, NJ.

Outpatient Hours of Operation

Counseling available:
10 am - 9 pm
Monday through Friday

For more information about programs and services, please visit www.millhillcenter.org or call (609) 989-7333.

Millhill Child & Family Development Corporation

101 Oakland Street Trenton, NJ 08618

**Counseling
Services**

**Can we
help you?**




Millhill
CHILD & FAMILY DEVELOPMENT
Educate. Empower. Transform.



About Counseling Services

Located and housed at our new facility dedicated to behavioral health services at 802 Prospect Street, Millhill Counseling Services enhance life skills and encourage emotional development to maximize individual functioning, strengths, and resources. Our clinic is committed to high-quality, client-centered services that make a difference in the lives of youth and adults, and offers:

- **Individual, family, and group counseling**
- **Psychiatric evaluations**
- **Medication monitoring**
- **Case management**

At Millhill, the clientele and their family work together with the staff to plan and implement treatment goals. Our focus is:

- **To improve client's everyday functioning in the home, at school and at work**
- **To increase acquisition of life skills to promote a healthy lifestyle**
- **To allow for reduction of mental health symptoms**

Millhill employs only licensed clinicians as therapeutic staff. Additionally, we have board-eligible and/or certified Psychiatrists and Advanced Practice Nurses on staff to conduct psychiatric services as needed.

Educational Services	Counseling Services	Family Support Services
Preschool Toddler Daycare Summer Enrichment Camps	Individual, Family, Group Counseling Psychiatric Evaluations Medication Monitoring Trenton PEERS	Family Assessment and Support Foster and Relative Care Support Medical Home Link Health Literacy
Community Collaboration Trenton Area Stakeholders Days of Caring		

The Trenton PEERS

(Performing, Educating and Engaging in Responsible Strategies) is a year-round education and support group for 13-18 year olds who want to be part of a mentored team that provides violence prevention and life-skills education to their peers. Teams learn then share fact-based information and skill-building techniques in interactive workshops held in locations throughout the community. The PEERS perform skits and cover topics such as gang awareness, violence prevention, anger management, conflict resolution, dating violence prevention, postponing sexual involvement, substance abuse, bullying, mental health and self esteem.

Program Eligibility

Youth Outpatient Counseling: The youth must fall into the following categories: 4th birthday up to the 21st birthday and active Medicaid coverage
Adult Outpatient Counseling: 21st birthday and beyond and active Medicaid coverage.
Additionally, we have an out-of-pocket rate for those who are not Medicaid eligible.

"I do feel that for once in almost two years I have my son back."

Millhill is about family

Millhill helps families improve their quality of life through services that educate, empower and transform to be successful in school, at work, at home and in the community. Our approach is both individualized and collaborative taking into account the dynamics of the whole family.

For more information about counseling services or to make an appointment, please visit www.millhillcenter.org or call (609) 989-7333.

